

Childhood Obesity 2010: The Next
Generation of Prevention and Management

**CMAF Child and Adolescent
Obesity Toolkit Train-the-Trainer
Workshop**

February 27, 2010

Presenter Disclosures

CMAF Child and Adolescent Obesity Toolkit Train-the-Trainer Workshop

- Nothing to disclose about personal financial relationships with commercial interests relevant to this presentation.

CMAF Child and Adolescent Obesity Toolkit Train-the-Trainer Workshop

Training Objectives:

Participants will:

- Become familiar with and learn how to use the California Medical Association Foundation's Child and Adolescent Obesity Provider Toolkit.
- Identify the 3 key components for addressing childhood obesity in a primary care practice: understand accurate measurement of body mass index (BMI) percentile measurement, preventive family counseling and role playing, and referral to community resources.
- Understand the importance of calculating accurate heights and weights to obtain BMI percentile and tracking serial measures overtime.
- Observe and practice basic counseling skills for childhood obesity.
- Understand the application of brief focused advice as a counseling approach for childhood obesity.
- Become familiar with locating Medi-Cal and CHDP provider health education and community resources for pediatric obesity, nutrition, and physical activity.

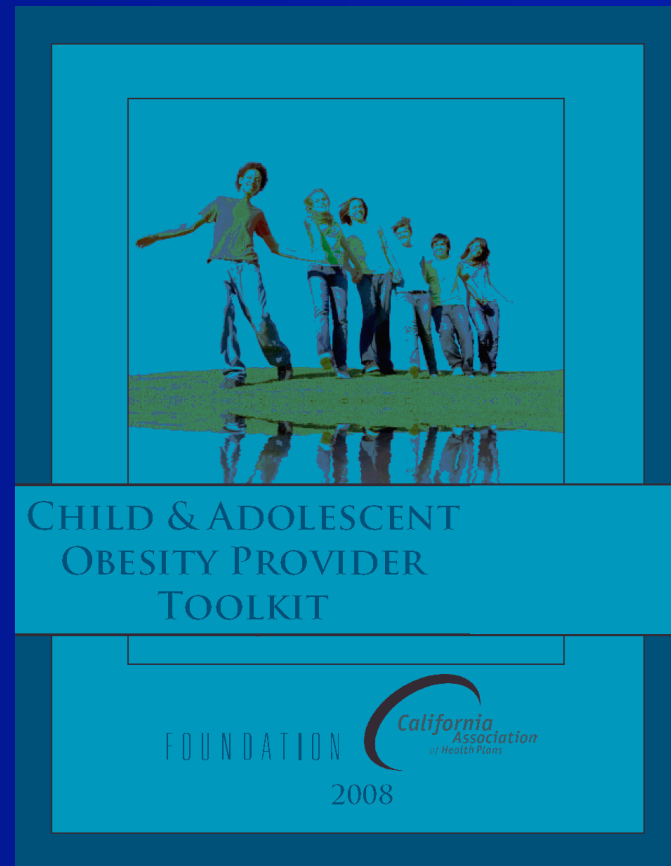
CMAF Child and Adolescent Obesity Toolkit Train-the-Trainer Workshop

Why this training now?

- **USPSTF Childhood Obesity Screening**
- **AMA Expert Committee Guidelines**
- **NICHQ Childhood Obesity (COAN) framework**
- **HEDIS BMI and Counseling measure**

Training Packet

CMAF Child and Adolescent Obesity Provider Toolkit



Training Packet

Quick and Basic Training Guide for Child and Adolescent Overweight and Obesity

Three Modules for Provider Training



**Quick and Basic Training Guide for Child and Adolescent
Overweight and Obesity**

Three Modules for Provider Training

*Based on the California Medical Association Foundation
Child and Adolescent Obesity Provider Toolkit*

GET MOVING EAT SMART PULL THE PLUG DRINK WELL

Contributing Authors:

We would like to acknowledge the expertise and guidance provided by the following individuals for developing this training guide:

- Seleda Williams, MD, MPH, California Department of Healthcare Services, Children's Medical Services, Editor
- Scott Gee, MD, Kaiser Permanente, Director, Prevention and Health Information
- Judy A. Sundquist, MPH, RD, California Department of Healthcare Services, Children's Medical Services, Child Health Disability and Prevention Program
- Elizabeth Edwards, MPH, CHES, Manager, Health Programs, Alameda Alliance for Health
- Suzanne Michaud, MPH, Senior Health Promotion Educator, GenCal Health

Questions:

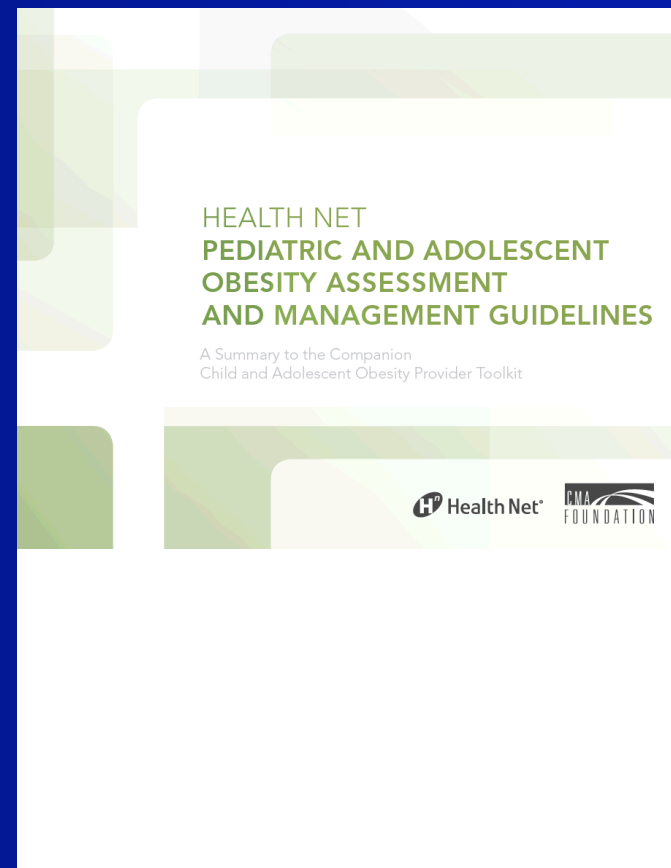
If you are interested in more information or would like to provide comments or suggestions about the usefulness of Training Guide, please contact Dr. Seleda Williams at: Seleda.Williams@dohcs.ca.gov

Revised 12/21/09 1

Training Packet

Items for Conducting a Training:

- Flip Chart
- BMI Wheels
- Posters
- Patient Education materials/handouts and resource guide



Training Packet

Items for this workshop

- Agenda – Website address for materials and other information
- Evaluation
- HEDIS Measure information

"Pediatric Obesity: Provider Skill Sets for Improved Care"
EVALUATION FORM

Please check your training site location:

San Francisco
 French Camp
 Orange County
 Other: _____

Please indicate all that apply to your organization type. Check all that apply:

Medi-Cal Managed Care health plan provider
 Child Health Disability & Prevention (CHDP) Program provider
 Fee-for-service Medi-Cal provider
 Commercial health plan provider
 Community-Based Organization
 Clinic or medical office
 School/Child Care Personnel
 Public Health
 Other: _____

Please indicate your profession:

<input type="checkbox"/> MD, DO	<input type="checkbox"/> Physician Assistant
<input type="checkbox"/> NP/PA	<input type="checkbox"/> RN/PHN/LVN
<input type="checkbox"/> Administrative staff	<input type="checkbox"/> Health Educator
<input type="checkbox"/> Nutritionist/Registered Dietitian	<input type="checkbox"/> Medical Assistant
<input type="checkbox"/> Teacher/Child Care Provider	<input type="checkbox"/> Other Please specify: _____

Please rate the following aspects of this workshop.

	Excellent	Very Good	Average	Poor
1. How would you rate your learning experience from this workshop	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Workshop met expectations	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Usefulness of presentation materials	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Usefulness of CMAF Toolkit	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Usefulness of Training Guide/Curriculum	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Usefulness of resources	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. How well was the workshop organized	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. Length of workshop	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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Presenters:

- Module 1. Body Mass Index (BMI) Screening
Harvinder Sareen, MD and/or Elizabeth Mayer-Armstrong *Anthem Blue Cross*
- Module 2. Preventive Counseling and Role playing
Mary DeBusman, MS, RD, *Alameda County Public Health Department*
- Module 3. Clinical Follow-up and Resources
Seleda Williams, MD, MPH *Children's Medical Services Branch*
David Bodick, *Department of Health Care Services*