



Preliminary Program

Conference Themes

- Science –based understanding
- Cultural Influences
- Environmental Influences (Built Environment)
- Community Issues
- Practical Skills and Interventions
- Clinicians and Non-Clinicians Working Together to Address Childhood Obesity

Time	Sign-in	Exhibitors	Exhibitors	Exhibitors	Exhibitors
8:00 to 8:30 AM	Networking, Exhibits		Shape-Up San Francisco	SFDPH Nutrition Services	SFDPH Maternal, Child, and Adolescent Health
	Opening Session	Speakers			
8:30 to 9:30 AM	<ul style="list-style-type: none"> • Welcome and Introduction • Teaching Breakfast 	Robert Lustig, MD Andrea Garber, PhD			

Time	Sign-in	Exhibitors	Exhibitors	Exhibitors	Exhibitors
9:30 to 9:40 AM	Break/ Stretch				
Time	Plenary	Speakers			
9:40 to 11:00 AM	Honey We Blew Up the Kids Looking at the science and built-environment issues related to obesity	Robert Lustig, MD Dick Jackson, MD			
11:00-11:10 AM	Physical Activity with video	Proposed Amy Adkins or Carmen Bogan	Auditorium		
Breakout Session 1	Nutrition	Physical Activity	Community and Family	Cutting Edge	
11:10 AM to 12:10 PM	Breastfeeding M Jane Heinig, PhD	Energy Expenditure Louise Greenspan, MD	Cultural Influences Lorrene Ritchie, PhD	Prenatal Influences Naomi Stotland, MD	
	LUNCH				
12:10 PM to 1:00 PM	Networking Lunch Affinity Groups: Asian and PI Communities Latino Communities African American Communities	Affinity Groups: Prenatal Issues Breastfeeding Physical Activity Issues High Stress Communities	Affinity Groups: Adolescents Preschoolers Clinical Settings	Affinity Groups: School and After School Programs Using Community Resources	

Time	Sign-in	Exhibitors	Exhibitors	Exhibitors	Exhibitors
Breakout Session 2	Nutrition	Physical Activity	Community and Family	Cutting Edge	CMAF Child and Adolescent Obesity Tool Kit Train the Trainer
1:00 PM to 2:15 PM	Nutrition Education: Working with Diverse Populations Elizabeth Baca, MD	The Science of Exercise Kristine Madsen, MD	Adverse Childhood Experiences and Obesity Nadine Burke, MD, MPH	Motivational Interviewing Robert Schwartz, MD	CMAF Tool Kit Train the Trainer
2:15 PM to 2:20 PM	Afternoon Snack/Break				
Breakout Session 3	Physical Activity	Physical Activity	Community and Family	Cutting Edge	CMAF Child and Adolescent Obesity Tool Kit Train the Trainer
2:20 PM to 3:20 PM	Hands on School and After School Interventions TBD	Physical Activity: Working with Diverse Populations Christine Kennedy, PhD Giancarlo Scalise, DPT	Adolescent Challenges Carolyn Jasik, MD	Developmental Skills Training Laurel Mellin, PhD	CMAF Tool Kit Train the Trainer

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3:20 PM to 3:30 PM	Break and Afternoon Snack				
Breakout Session 4	Nutrition	Physical Activity	Community and Family	Community and Family	Cutting Edge
3:30 PM to 4:30 PM	Working with Parents and Caregivers around Food Choices Janet Green, MPH and partners	SPARK Preschool Curriculum Bernadette Garcia-Roger	Diverse Families Beliefs about Weight and Health TBD	Shape-Up San Francisco Christina Goette, MPH	Brief Office Interventions Mary DeBusman, MS, RD and TBD
Closing Session					
4:30 to 5:00 PM	Putting It all to Use: Making Sense Out of What you learned today. Raffle and Evaluation				