



Childhood Obesity 2010: The Next Generation of Prevention and Management

Program

| Time | Sign-in | Sign-in | Exhibitors | Exhibitors | Exhibitors |
|------------------------|--|---|---|--|-------------------|
| 8:00 to 8:30 AM | Participants | CME/CEU | Shape-Up San Francisco SFDPH Nutrition Services WIC SFDPH Maternal, Child, and Adolescent Health | SPARK US HHS Office of Women's Health | Sponsors |
| | Opening Session | Speakers | | | |
| 8:30 to 9:30 AM | <ul style="list-style-type: none"> • Welcome and Introduction • Teaching Breakfast | Robert Lustig, MD Andrea Garber, PhD | | | |
| 9:30 to 9:40 | Break/ Stretch | | | | |

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|-----------------------------|---|--|--|--|-------------------|
| AM | | | | | |
| Time | Plenary | Speakers | | | |
| 9:40 to 11:00 AM | Honey We Blew Up the Kids Looking at the science and built-environment issues related to obesity | Robert Lustig, MD Richard Jackson, MD | | | |
| 11:00-11:10 AM | Physical Activity Break | Physical Activity Break | Physical Activity Break | Physical Activity Break | |
| Breakout Session 1 | Nutrition | Physical Activity | Community and Family | Cutting Edge | |
| 11:10 AM to 12:10 PM | Starting Obesity Prevention Efforts in Infancy: The Role of Breastfeeding and Baby Behavior M Jane Heinig, PhD | Energy Expenditure Louise Greenspan, MD | Cultural Influences Lorrene Ritchie, PhD | Prenatal Influences Naomi Stotland, MD | |
| | LUNCH | | | | |
| 12:10 PM to 1:00 PM | Networking Lunch Affinity Groups: Asian and PI Communities Latino Communities African American Communities | Affinity Groups: Prenatal Issues Breastfeeding Physical Activity Issues High Stress Communities | Affinity Groups: Adolescents Preschoolers Clinical Settings | Affinity Groups: School and After School Programs Using Community Resources | |

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| Breakout Session 2 | Nutrition | Physical Activity | Community and Family | Cutting Edge | Special Program |
| 1:00 PM to 2:15 PM | Nutrition Education: Working with Diverse Populations Elizabeth Baca, MD | The Science of Exercise Kristine Madsen, MD | Adverse Childhood Experiences and Obesity Nadine Burke, MD, MPH | Motivational Interviewing Robert Schwartz, MD | CMAF Tool Kit Train the Trainer Seleda Williams, MD, MPH Elizabeth Edwards, MPH Mary De Busman, MS, RD Irene-Reveles-Chase, MPH Harvinder Sareen, PhD |
| 2:15 PM to 2:20 PM | Afternoon Stretch Snack/Break | Afternoon Stretch Snack/Break | Afternoon Stretch Snack/Break | Afternoon Stretch Snack/Break | Afternoon Stretch Snack/Break |
| Breakout Session 3 | Physical Activity | Physical Activity | Community and Family | Cutting Edge | Special Program |
| 2:20 PM to 3:20 PM | Hands on School and After School Interventions Amy Adkins, MS Gabby Guinea Alice Tam | Physical Activity: Working with Diverse Populations Christine Kennedy, PhD Giancarlo Scalise, DPT | Adolescent Challenges Carolyn Jasik, MD | Emotional Brain Training Laurel Mellin, MA | CMAF Tool Kit Train the Trainer Seleda Williams, MD, MPH Elizabeth Edwards, MPH |

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| | | | | | Mary De Busman, MS, RD Irene-Reveles-Chase, MPH Harvinder Sareen, PhD |
| 3:20 PM to 3:30 PM | Afternoon Stretch Snack/Break | Afternoon Stretch Snack/Break | Afternoon Stretch Snack/Break | | |
| Breakout Session 4 | Physical Activity | Community and Family | Nutrition | | |
| 3:30 PM to 4:30 PM | SPARK Preschool Curriculum Bernadette Garcia- Roger | Shape-Up San Francisco Christina Goette, MPH | Brief Office Interventions Mary DeBusman, MS, RD. Lucy Massey, RD, CDE | | |
| Closing Session | Mini Plenary | | | | |
| 4:30 to 5:00 PM | Putting It all to Use: Making Sense Out of What you learned today. Robert Lustig, MD Raffle and Evaluation | | | | |